



## STOCKPORT HOCKEY CLUB SENIOR REGISTRATION FORM 2008/09

Dear Player

**Welcome to Stockport Hockey Club!** The 2008-09 Season is our second season playing in the Greater Manchester Hockey Association (Women's) League following our successful 1<sup>st</sup> season. We have 5 ladies teams so we are able to cater for players of all ages, experience and abilities. We also run a junior section independently and have strong links to schools from primary level upwards to help produce some 'home grown' talent to appear in our senior teams in future seasons.

Stockport Hockey Club run both senior and junior hockey coaching sessions each Thursday evening on the AstroTurf pitch at Werneth School, Harrytown, Romiley, Stockport SK6 3BX. The time of our coaching sessions are 6-7pm for boys & girls aged 7 to 15 years and 7-8.15pm for ladies (ages 13 upwards). Full details along with directions to Werneth can be found on our website [www.stockporthockey.co.uk](http://www.stockporthockey.co.uk). All players should attend coaching every Thursday and turn up at least 15 minutes before the start of the session to warm up. The more players that attend, the more we can prepare to play as a team.

Our Club only use qualified coaches who have been CRB Checked and qualified young leaders and we have an excellent coaching program designed to teach a wide range of hockey skills and techniques. Coaching is **suitable for all skill levels**, from beginners through to more advanced players.

Playing equipment such as sticks are provided if you don't have your own, all you need is to wear suitable coaching kit which should include warm clothing (e.g. tracksuit, sweatshirt, jogging pants etc) and bring a drink, preferably water.

England Hockey strongly recommends the use of shin pads and gum shields for any player under the age of 16. Stockport Hockey Club's belief is that this equipment is equally important for senior players and therefore all players should wear shin pads and we highly recommend that all players also wear a gum shield or preferably a mouth guard.

Shin pads can be purchased from most sports shops. Gum shields can be ordered through your dentist or purchased over the counter at most good sports shops. Stockport Hockey Club are very fortunate and thankful to have a parent who is a dentist (John Bates) to provide a made to measure mouth guard session for our club again this season (details attached) on Thursday 18<sup>th</sup> September, 2008 6.30-7.30pm and we strongly recommend that you take advantage of this service at very competitive prices compared to what your dentist will charge.

We encourage all players to bring the correct equipment to both coaching sessions as well as matches. Although we do not make this mandatory (our coaches/team captains will not stop you from playing if you forget your correct equipment), bringing the correct equipment along helps everyone enjoy hockey in a safer environment.

Stockport Hockey Club is working towards England Hockey "Club First" status. Club First is a scheme run by England Hockey that helps clubs to provide a safe and friendly environment in which young players can develop their hockey skills to their full potential. Registering with Stockport Hockey Club means you are also signing up to familiarising yourself with and abiding by the policies and rules of our Club. These are available to download from our website [www.stockporthockey.co.uk](http://www.stockporthockey.co.uk) and some are referenced in our Club handbook which you receive once you have paid your registration fees.

Stockport Hockey Club believes that it is important that members, coaches, volunteers and parents associated with the Club share any concerns or complaints that they may have about any aspect of the Club with their team captain in the first instance then Andrea Boulton, Club Development Officer and/or Julie Gavin, Junior Player Welfare Officer and/or Edna Brown, Senior Player Welfare Officer. One of us is usually always present at matches or coaching sessions or can be contacted via email at [info@stockporthockey.co.uk](mailto:info@stockporthockey.co.uk)

Our **Registration fees** have stayed the same this season and continue to be **all inclusive** which means coaching fees are included in your **registration fee of £60**. We agreed this at our AGM for 2 reasons, mainly to encourage everyone to come to coaching but more importantly to ensure we cover our costs of providing regular coaching (pitch hire, coaches, insurance etc). You will find our registration fee very cheap compared to other clubs but it does mean that we cannot offer any reduction in your registration fee if you cannot attend coaching. We do, however, offer a reduced rate of £50 for Leisure Key Holders (low income families) and students who are in full time **further education** or **higher education** (post 16). Family/Sibling discounts are also available, please ask for details.

**Match fees** will be:- **£3.50 per match** or £2.50 for Leisure Key Card Holders and students who are in full time further or higher education (post 16). Please pay your match fees each week and bring the correct money if possible as change is not always available.

Every player has to pay their **full Registration fees by the 31/10/08** and there is a £10 administration fine if not paid on time. If payment is a problem please do not hesitate to let your team captain know so that some alternative arrangement can be made – we are a club who strive to provide sport to all and do appreciate that not everyone can afford to pay the whole amount at once, please ask!

Stockport Hockey Club is fully committed to safeguarding and promoting the wellbeing of all its members. We provide all members with 3<sup>rd</sup> party public liability insurance and expect high standards of behaviour and sportsmanship from all of our players at all times. By registering with Stockport Hockey Club players agree to abide by Greater Manchester Hockey Association (Women's) Rules (senior players) or Greater Manchester Junior League Rules (junior players) as well as our own Club Rules for Players as follows:-

#### **Rules for all Players**

1. Arrive for coaching and matches in good time.
2. Organise yourself so that you have eaten and drunk enough before you play and that you are correctly clothed including appropriate footwear, shin pads (compulsory) and gum shield (highly recommended).
3. Jewellery must not be worn and valuables such as mobile phones, iPods, MP3 players, etc should be left at home. If you do bring valuables, you do so at your own risk and the use of these will not be tolerated during coaching or matches.
4. Always follow the coaches/volunteers instructions to the best of your ability.
5. Warm up and cool down as instructed to avoid injury.
6. Learn and play by the rules of the game.
7. Treat others around you with respect at all times. Treat others as you would expect to be treated yourself. Respect opponents – win with modesty and lose with dignity.
8. Tell the coach or team captain at the beginning of any session or game if you have an injury.
9. All members must play within the rules of the game and respect officials and their decisions.
10. Pay your registration fees by the 31<sup>st</sup> October of each season.
11. Do not drink alcohol, smoke or consume illegal substances on club premises or whilst representing the club.
12. Respect all playing areas and club facilities.

#### **Useful Contact Details:**

1 <sup>st</sup> Team Captain	Louise Preston	Tel: 0161 442 7778 / 07957 547068
2 <sup>nd</sup> Team Captain	Josie Moore	Tel: 01298 816599 / 07745 869871
3 <sup>rd</sup> Team Captain	Helen Elcock	Tel: 0161 285 8502 / 07711 644540
4 <sup>th</sup> Team Captain	Andrea Boulton	Tel: 0161 217 2037 / 0778 6902478
5 <sup>th</sup> Team Captain	Hilary Clamp	Tel: 01663 762751 / 07733 168352

**Regularly check our club website for weekly match information and club updates and keep in contact with your captain with regards to your availability to play each week – *thanks!***